

Media Release

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Canberran filmmakers help promote greater understanding of mental illness.



Moving Minds Season 2 – more short films made by people with mental illness, launched at the National Film and Sound Archive, Tuesday, 11th October, 2011 at 6.00pm - 9.00pm

Moving Minds, a project by Mental Illness Education ACT (MIEACT), welcomes eight new filmmakers -and their stories, into the collection of award winning short films -all written, starred and directed by people with mental illness offering illumination, insight and glimpses of remarkable humanity.

Initially launched in 2010 -by Professor Helen Christensen, Director ANU Centre for Mental Health Research, who described the Moving Minds collection as *“..a resource that recognises the experiences of those with lived experience, creates understanding and greater knowledge of mental health problems for people in the community who find it hard to get inside the head of a person with depression, or anxiety or other mental conditions.”*

“What’s so strong about the Moving Minds collection is the voice of people living with mental illness,” said Project Director, Jenni Savigny. *“They are the film makers from the script, to the voice-over, to the images. The thirteen digital stories are striking for their originality, diversity and sheer quirkiness.”*

The collection of 21 short (2 -3 minute) digital films include tales of disordered eating, road-trips to beyond, visits from the green man and the quandary of being sane by choosing to live between the lines of ‘normal’. You can freely view the collection online from MIEACT’s story room portal at: www.mieact.org.au

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